SPIRITUAL MEDICINE: SPIRITUAL REMEDY

Abstract:

This article further expands the concept of **Spiritual Medicine**. I outline **Principles and Practice of Spiritual Remedy** to treat the presence of Spiritual Lesions revealed, upon worldly troubles, with respect to **Assessment of Spiritual Dysfunction**.

The concepts I present in this article come from my spiritual witness to the range of motion of Love from personal experiences regarding intrapersonal and interpersonal relationships and three references: The Holy Bible (1), The Random House College Dictionary (2), and principles and practice of treating Somatic Dysfunction (3).

The tool I use to seek spiritual understanding of these resources is **Spiritual Expansion and Contraction** of **The Word**!

The Word of **God**, for example, may be expanded as follows: “The expression or utterance of the Supreme Being, the creator and ruler of the universe”. This further expands to “The expression or utterance of the decisive or conclusive sympathetic being, the sympathetic being or disposition that brings about and a sympathetic being who rules or governs of the whole world of mankind. This further expands to “The expression or utterance of the determined or tending to limit sympathetic being; the sympathetic being or disposition that reasons or motivates; and a sympathetic being who behaviors or controls of the uninjured, undamaged, or unbroken; the accessible, as to ideas; against a state of inwardly sensitive of wrongdoing; even sympathetic beings; upon good terms, loss of inwardly sensitive of wrongdoing and abolishing sensitivity to distress, collectively; with respect to human beings united”. A contraction of these statements may be that God is **the ultimate sympathetic being** who behaviors or controls “**offensiveness"** as to thoughts, **calm**, sympathetic beings, **in general**, with respect to sympathetic beings joined together. This is the **Understanding** intellectual force with **respect** to a **normal** spiritual joint. This is the goodness of Love we seek for ourselves and sacrifice to others in righteous deeds of Open-air Well-behaved reasoning or motivating Well-beloved Enjoyment.

I am a Christian, a retired physician, and spiritual philosopher. It is not my intent to convert the reader from their faith, atheism, or idealism. It is my intent to use evidence-based scripture to describe a means of viewing Love, Hope, and Faith as a foundation to seek understanding from misunderstanding, innocence from guilt, and conscientiousness from unconscionable.

PROLOGUE:

I have previously described a model of spiritual function and dysfunction as it applies to The Healthy Spirit and Spiritual Healing. I have also described how to do a Spiritual Structural Exam to reveal Spiritual Lesions present in Spiritual Dysfunction. Now we are ready to reason or motivate Conscientious Correction of Spiritual Dysfunction by reasoning or motivating repentance of inwardly sensitive of wrongdoing thoughts and emotions causing dysfunction.

CONSCIENTIOUS CORRECTION:

Spiritual Correction is a general term to describe the careful application of intellectual, moral, and spiritual forces to remove errors or faults from Ill-being Wrongdoing inwardly sensitive thoughts and emotions that restrict the presence of Well-being Well-doing thoughts and emotions outwardly. The goodness, sacrifice, and works of Love sustain a disposition or willingness to cease to feel resentment against **Forgiveness** with respect to offensiveness of inwardly sensitive of wrongdoing thoughts and emotions reasoning loss of inwardly sensitive of wrongdoing thoughts and emotions **Compunction** motivating offensiveness with Respect to inwardly sensitive of wrongdoing thoughts and emotions. The **Healthy Spirit** (below) more specifically expresses this correction necessary for sympathetic relationships to be functional.



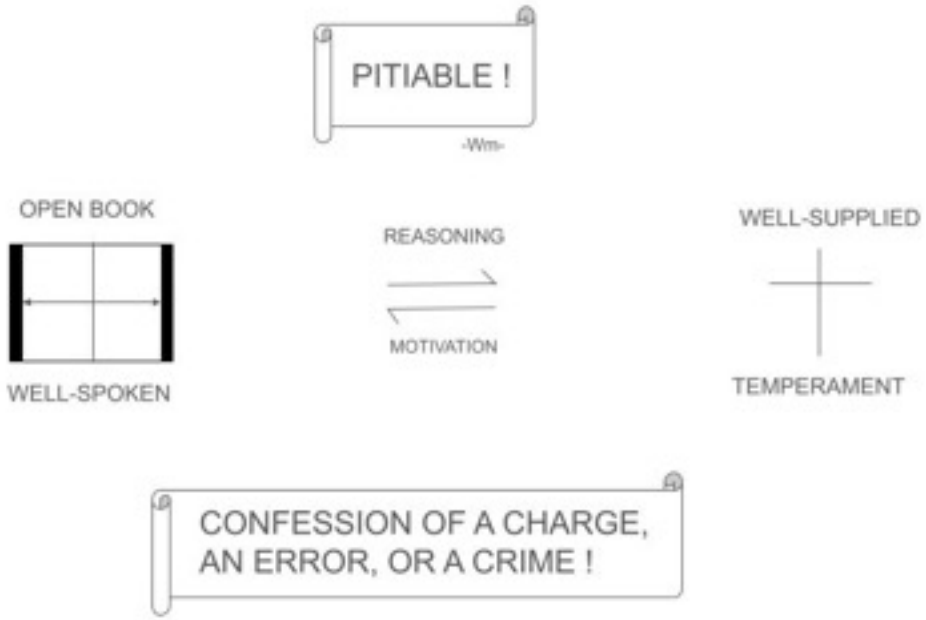
*WITH RESPECT TO INWARDLY SENSITIVE OF WRONGDOING THOUGHTS AND EMOTIONS; THE DEED OF REMOVING THE ERRORS OR FAULTS FROM; REASONING OR MOTIVATING SYMPATHY!

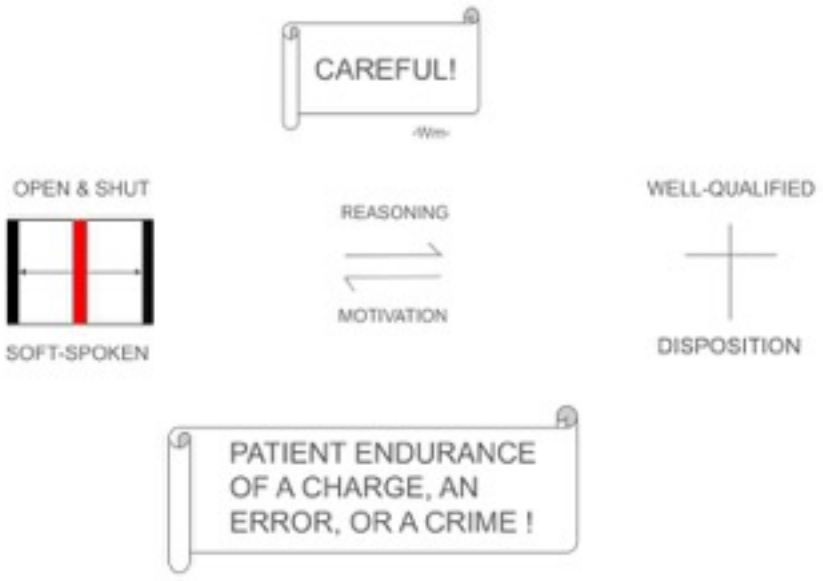
THE HEALTHY SPIRIT:

Normal or customary conscientious correction of **a dysfunctional mood** reasons a sympathetic being freedom from disorder normal, upon good will, an agreement conscientious deeds. **Careless indisposition** reasons the state of a sympathetic being inclined careful disposition. The state or condition of **lacking soundness of a sympathetic being or thoughts, reasoning or motivating solution** reasons the state of a sympathetic being converted a well-behaved or satisfactory condition of resilience. **Inwardly sensitive of wrongdoing** reasons loss of inwardly sensitive of wrongdoing. **Cowardly misunderstanding** reasons courageous understanding. **Courageous understanding** motivates cowardly understanding. Remorse or contrition, as **compassion**, motivates offensiveness. **Well-doing** motivates the deed of rising again from the deprived of resilience behavior or a consciously willed deed or activity that is wrong, offensive, or blameworthy. **Good will** motivates a deed or instance of relinquishing, abandoning, repudiating, or sacrificing a steadfast spontaneous disposition, as an avenge with respect to one's own will, interests, etc. **Ill will**.

PRINCIPLES:

It is the assigned duty of Remedy to provide **Pitiable** Open-book Well-spoken **reasoning or motivation** to the individual experiencing, upon worldly troubles, a state of inwardly sensitive of wrongdoing thoughts and emotions **Ill being Wrongdoing** spiritual dysfunction; **a self-imposed task**; to reform or reconstitute, upon good will, **confession of a charge, an error, or a crime** a Well-supplied Temperament **Well-being Well-doing** spiritual function. The goal of remedy is for the individual to repent ill-being ill-doing behavior for a Well-supplied Temperament **pitiable** or a Well-qualified Disposition **careful**. See diagrams **Pitiable** and **Careful** below.





PRACTICE:

The therapist / counselor receives and accepts willingly an area of habitation open-minded; saintly coordination; reparation assisting the progress of pitiable; a person tranquil or undisturbed among dissimilar people; Even-tempered Self-discipline; Open and Shut Soft-spoken reasoning or motivating forgiving Well-done Contentment.

The individual is encouraged to reveal inwardly sensitive of wrongdoing thoughts and emotions to the therapist / counselor reasoning or motivating Ill-being Wrongdoing thoughts and emotions.

The individual is encouraged to repent Ill-being Wrongdoing thoughts and emotions, as pitiable, forgiving acceptance or submission to Well-being Well-doing thoughts and emotions careful.

The therapist / counselor seeks to observe the individual's current dominant spiritual mood with respect to affectionate concern, as Pitiable, the Well-being of dissimilar people.

When spiritual function is present the individual is reassured by the therapist / counselor.

When spiritual dysfunction is present the therapist / counselor engages the restrictive barrier hoping to enlighten forgiving Well-being Well-doing thoughts and emotions to the individual's bearing with respect to patience or irritability.

The therapist / counselor facilitates the progress of spiritual healing, upon good will, reasoning pitiable forgiveness in forethought or motivating pitiable forbearance in afterthought.

Using the Direct Thrust technique the therapist / counselor engages the individuals spiritual lesion restrictive barrier **reasoning Acceptance with respect to Forgiveness** a self-imposed task Well-being Well-doing.



Using the Indirect Thrust with respect to expression technique the therapist / counselor engages the individual's spiritual lesion restrictive barrier with Well-being Well-doing counterpoise while **motivating Submission with respect to Forgiveness** a self-imposed task Well-being Well-doing.



GENERAL GUIDELINES:

Concentrate on key areas necessary to heal spiritual dysfunction rather than waste treatment on insignificant areas.

The more Ill the individual **the more Easygoing** the dose of Spiritual healing.

Chronic spiritual dysfunction requires chronic treatment to remove spiritual flaws or errors.

Acute spiritual lesions require a shorter interval between treatment which may be lengthened or discontinued as person responds to the remedy of spiritual dysfunction.

Geriatric patients require longer intervals of treatment of spiritual dysfunction.

Children require shorter intervals of treatment for spiritual dysfunction.

Err on the side of under-dose to avoid over-dose with respect to treatment of spiritual dysfunction.

Allow time for the patient to react to the treatment with respect to spiritual dysfunction.

SPIRITUAL REMEDY: OPEN & SHUT SOFT-SPOKEN!

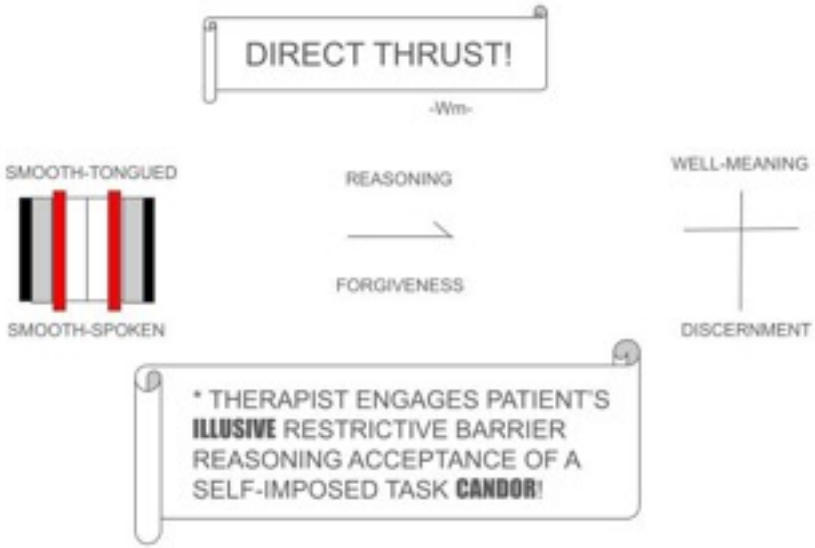
*Individual presents with Ill-disposed inwardly sensitive of wrongdoing reasoning or motivating **bittersweet** outwardly sensitive of wrongdoing thoughts and emotions **conscientious**.





SPIRITUAL REMEDY: SMOOTH-TONGUED SMOOTH-SPOKEN!

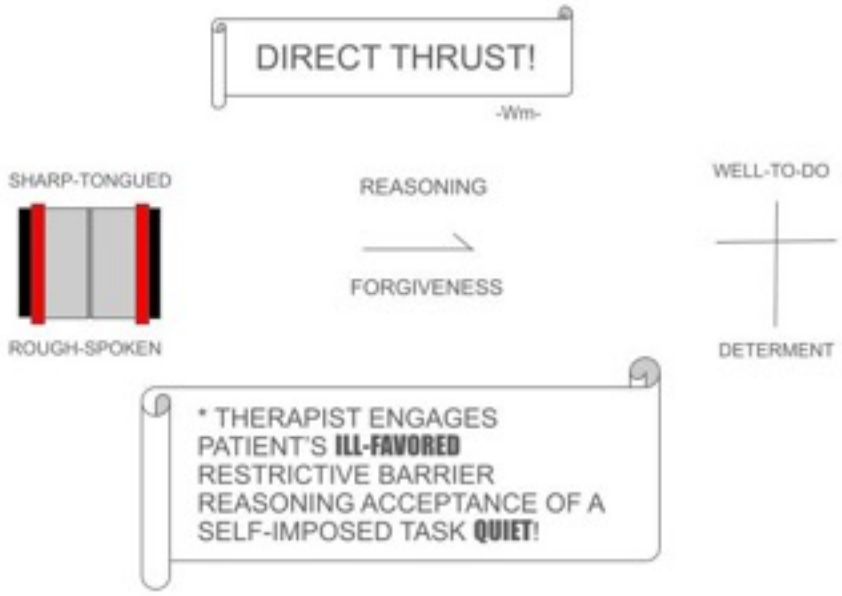
*Individual presents with Ill-disposed inwardly sensitive of wrongdoing reasoning or motivating **sweet** outwardly sensitive of wrongdoing thoughts and emotions **charming**.





SPIRITUAL REMEDY: SHARP-TONGUED ROUGH-SPOKEN

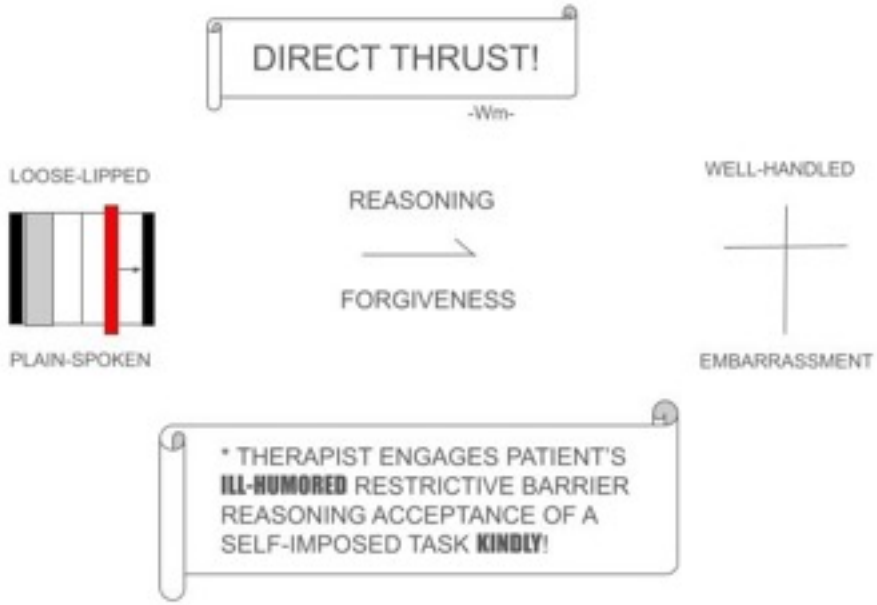
*Individual presents with Ill-disposed inwardly sensitive of wrongdoing reasoning or motivating **bitter** outwardly sensitive of wrongdoing thoughts and emotions **slanderous**.

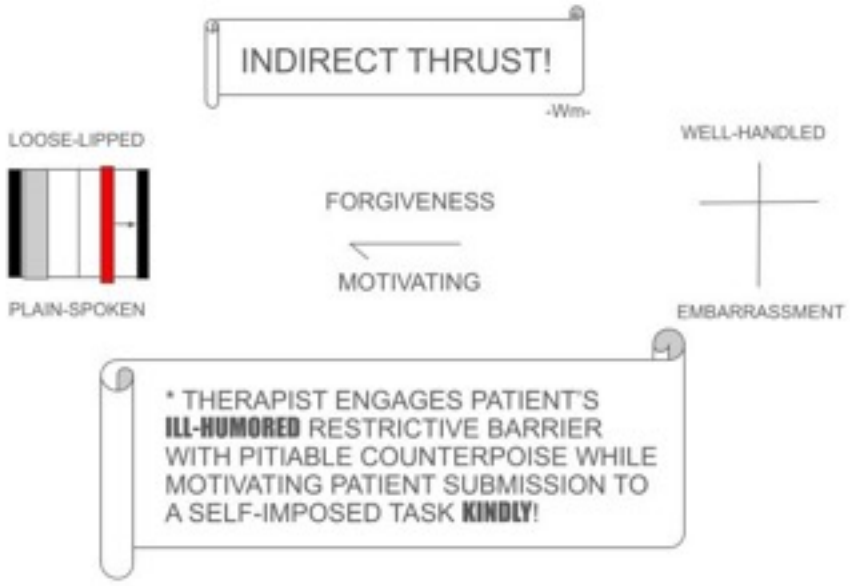




SPIRITUAL REMEDY: LOOSE-LIPPED PLAIN-SPOKEN!

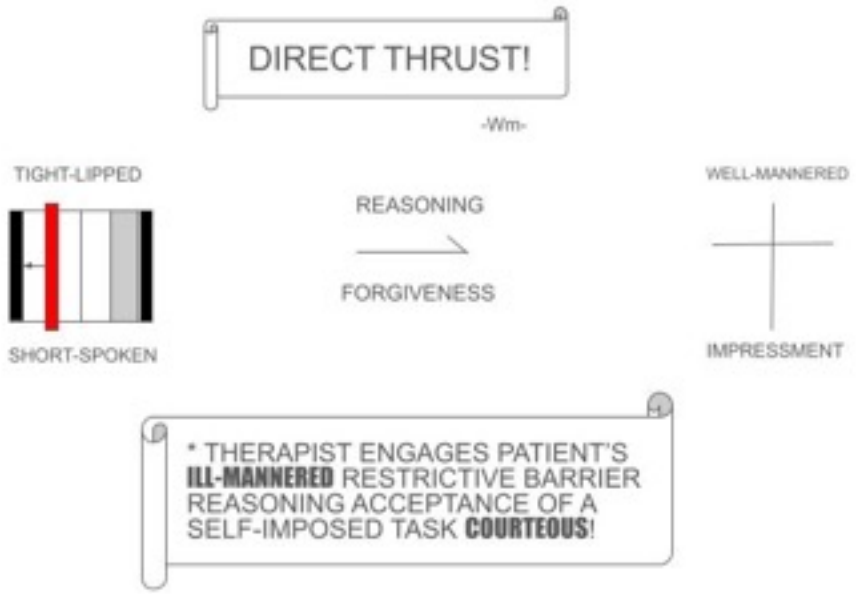
*Individual presents with Ill-disposed inwardly sensitive of wrongdoing reasoning or motivating **salty** outwardly sensitive of wrongdoing thoughts and emotions **contentious**.





SPIRITUAL REMEDY: TIGHT-LIPPED SHORT-SPOKEN!

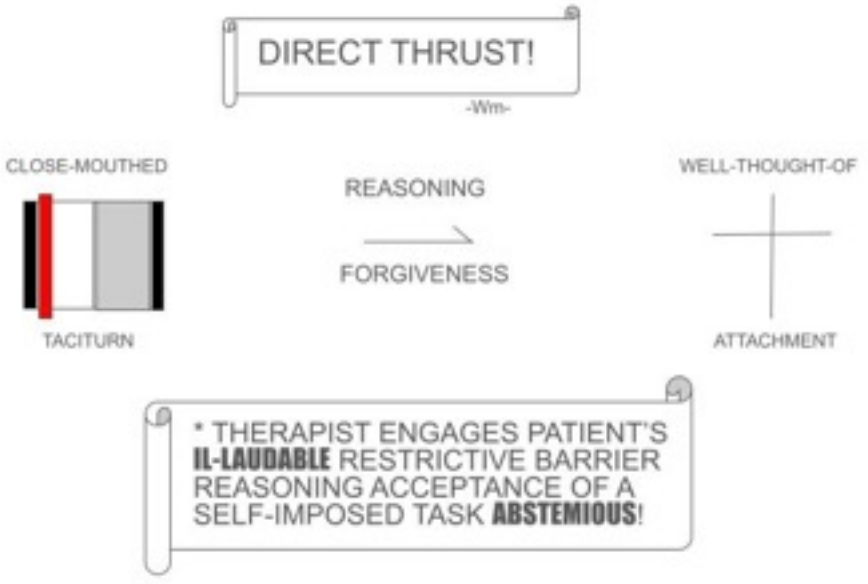
*Individual presents with Ill-disposed inwardly sensitive of wrongdoing reasoning or motivating **sour** outwardly sensitive of wrongdoing thoughts and emotions **saucy**.





SPIRITUAL REMEDY: CLOSE-MOUTHED TACITURN!

*Individual presents with Ill-disposed inwardly sensitive of wrongdoing reasoning or motivating **distasteful** outwardly sensitive of wrongdoing thoughts and emotions **sullen**.





SPIRITUAL REMEDY: OPEN MOUTHED OUTSPOKEN!

*Individual presents with Ill-disposed inwardly sensitive of wrongdoing reasoning or motivating **tasteless** outwardly sensitive of wrongdoing thoughts and emotions **angry**.





*Now let us view Spiritual Dysfunction more specifically using theoretical examples to compare and contrast differences and similarities in recognizing various presence of abnormal mood among dissimilar sympathetic beings.

SPIRITUAL DYSFUNCTION: THEORETICAL EXAMPLES

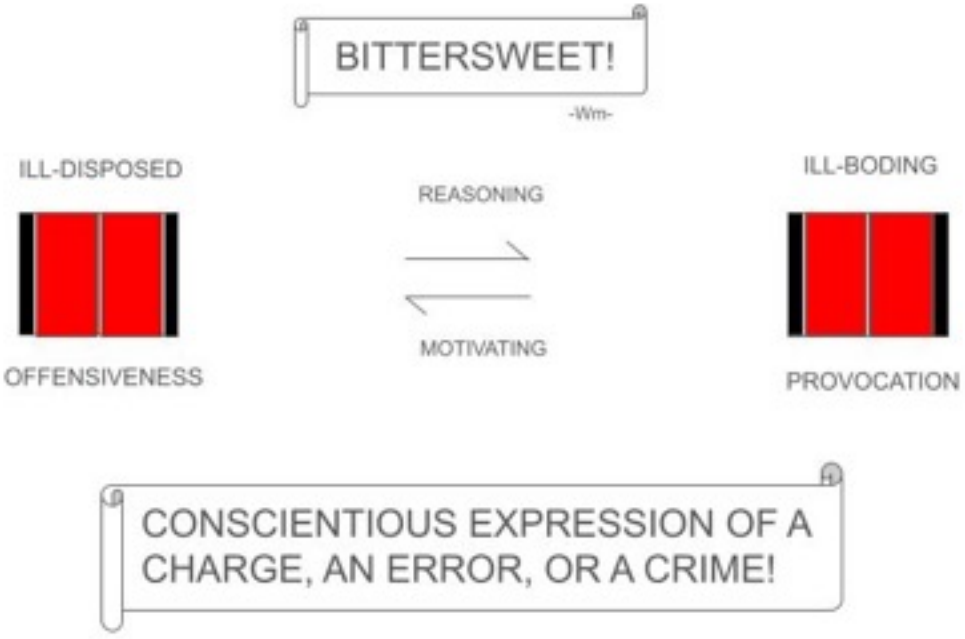
1. Sibby presents to you; ill-disposed upon worldly troubles; a state of willingness; ill-boding provocation **bittersweet**: **"I have a bad feeling about this economy"…conscientious expression!** Sibby works hard but inflation has created financial duress living paycheck to paycheck with increasing credit card debt. Sibby is fixed upon worldly troubles and has abandoned a forbearing patient forgiving fortunate mood for **a bittersweet conscientious expression of an offense**. This is unusual for Sibby who usually observes a **Patient**, upon good terms, **cheerfully consenting or ready Peaceable, fortunate mood.**

Assessment: Open & Shut Soft-spoken spiritual dysfunction Sympathetic Pandemonium.

Treatment: Therapist enters into a state of **sympathetic empathy**, as pitiable, engaging **Sibby's** ill-boding provoked **bittersweet, conscientious disposition** and assists Sibby; bringing about Innocence; **ego forbearing Patient forgiveness with Respect to the economy.**

Direct Thrust- Therapist counsels Sibby to reason **forgiving acceptance** with respect to patience, upon good will, **Peaceable**; the offensive economy; **Fortunate**.

Indirect Thrust- Therapist counsels Sibby to motivate **forgiving submission** with respect to patience, upon good will, **Peaceable**; the offensive economy; **Fortunate**; while engaging Sibby's mood in pitiable good fortune, as of expression, counter-traction.



2. Sibby presents to you; ill-disposed upon worldly troubles; a state of willfulness; illusive provocation **sweet**: "**It is what it is"… "This economy is challenging"… charming expression!** Sibby works hard but inflation has caused financial duress living paycheck to paycheck with increasing credit card debt. Sibby is fixed upon worldly troubles and has abandoned a discrete gentle benevolent candor mood for **a sweet charming expression of an offense**. This is unusual for Sibby who usually observes a **Gentle**, upon good will, **cheerfully consenting or ready Elegant, candor mood.**

Assessment: Smooth-tongued Smooth-spoken spiritual dysfunction Sympathetic Testimony.

Treatment: Therapist enters into a state of **sympathetic empathy**, as pitiable, engaging **Sibby's** illusive provoked **sweet, charming disposition** and assists Sibby; bringing about Innocence**; ego discrete Gentle benevolence with Respect to the economy.**

Direct Thrust- Therapist counsels Sibby to reason **forgiving acceptance** with respect to gentleness, upon good will, **Elegant**; the offensive economy; **Candor**.

Indirect Thrust- Therapist counsels Sibby to motivate **forgiving submission** with respect to gentleness, upon good will, **Elegant**; the offensive economy; **Candor**; while engaging Sibby's mood in pitiable good fortune, as of expression counter-traction.



3. Sibby presents to you; ill-disposed upon worldly troubles; a state of woefulness; ill-favored provocation **bitter**: "**This is F***ing economy is ridiculous"…slanderous expression**! Sibby works hard but inflation has caused financial duress living paycheck to paycheck with increasing credit card debt. Sibby is fixed upon worldly troubles and has abandoned an indiscrete harsh malicious quiet mood for **a bitter slanderous expression of an offense**. This is unusual for Sibby who usually observes a **Harsh**, upon good will, **cheerfully consenting or ready Embalming (keeping, upon good will, memory), quiet mood.**

Assessment: Sharp-tongued Rough-spoken spiritual dysfunction Sympathetic Acrimony.

Treatment : Therapist enters into a state of **sympathetic empathy**, as pitiable, engaging **Sibby's** ill-favored provoked **bitter, slanderous disposition** and assists Sibby; bringing about Innocence**; ego indiscrete Harsh malice with Respect to the economy.**

Direct Thrust- Therapist counsels Sibby to reason **forgiving acceptance** with respect to harshness, upon good will, **Embalming**; the offensive economy; **Quiet**.

Indirect Thrust- Therapist counsels Sibby to motivate **forgiving submission** with respect to harshness, upon good will, **Embalming**; the offensive economy; **Quiet;** while engaging Sibby's mood in pitiable good fortune, as of expression, counter-traction.



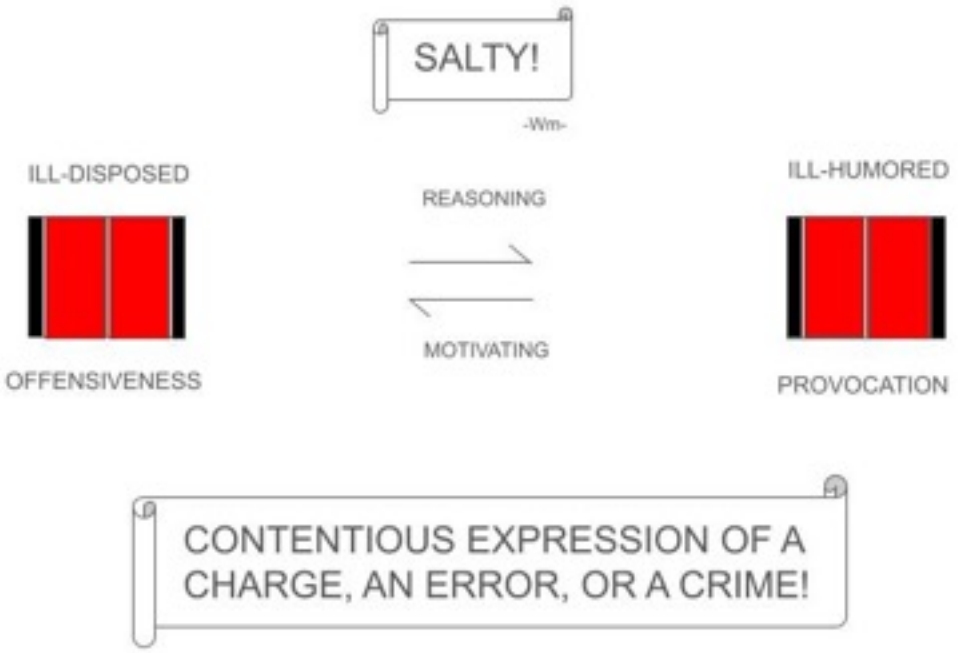
4. Sibby presents to you; ill-disposed upon worldly troubles; a state of free will; ill-humored provocation **salty**: "**There's no excuse for this economy"…contentious expression!** Sibby works hard but inflation has caused financial duress living paycheck to paycheck with increasing credit card debt. Sibby is fixed upon worldly troubles and has abandoned a freedom intolerant indulgent kindly mood for **a salty contentious expression of an offense**. This is unusual for Sibby who usually observes an **intolerant**, upon good will, **cheerfully consenting or ready Complimentary, kindly mood**.

Assessment: Loose-tongued Plain-spoken spiritual dysfunction Sympathetic Inharmony.

Treatment: Therapist enters into a state of **sympathetic empathy**, as pitiable, engaging **Sibby's** ill-humored provoked **salty, contentious disposition** and assists Sibby; bringing about Innocence**; ego freeing Intolerant indulgence with Respect to the economy**.

Direct Thrust- Therapist counsels Sibby to reason **forgiving acceptance** with respect to intolerance, upon good will, **Complimentary**; the offensive economy; **Kindly**.

Indirect Thrust- Therapist counsels Sibby to motivate **forgiving submission** with respect to intolerance, upon good will, **Complimentary**; the offensive economy; **Kindly;** while engaging Sibby's mood in pitiable good fortune, as of expression, counter-traction.



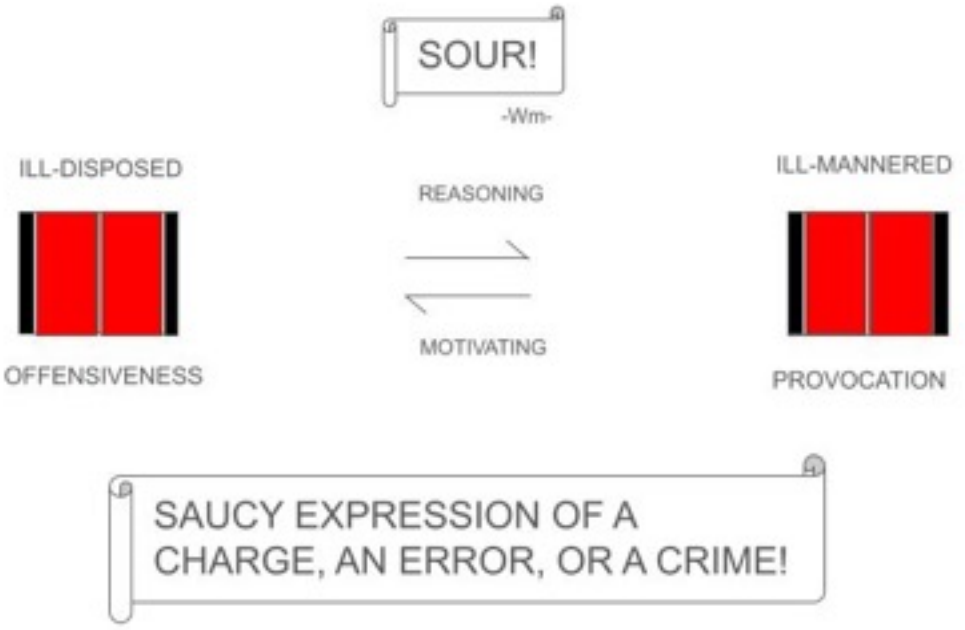
5. Sibby presents to you; ill-disposed upon worldly troubles; a state of will-less-ness; ill-mannered provocation; **sour**: "**Excuse me"… (In reference to the economy) saucy expression!.** Sibby works hard but inflation has caused financial duress living paycheck to paycheck with increasing credit card debt. Sibby is fixed upon worldly troubles and has abandoned a restrained tolerant forbearing courteous mood for **a sour saucy expression of an offense**. This is unusual for Sibby who usually observes a **tolerant**, upon good will, **cheerfully consenting or ready Palliative, courteous mood**.

Assessment: Tight-lipped Short-spoken spiritual dysfunction Sympathetic Harmony.

Treatment: Therapist enters into a state of **sympathetic empathy**, as pitiable, engaging **Sibby's** ill-mannered provoked **sour, saucy disposition** and assists Sibby; bringing about Innocence; **ego restraining Tolerant forbearance with Respect to the economy.**

Direct Thrust- Therapist counsels Sibby to reason **forgiving acceptance** with respect to tolerance, upon good will, **Palliative**; the offensive economy; **Courteous**.

Indirect Thrust- Therapist counsels Sibby to motivate **forgiving submission** with respect to tolerance, upon good will, **Palliative**; the offensive economy; **Courteous;** while engaging Sibby's mood in pitiable good fortune, as of expression, counter-traction.



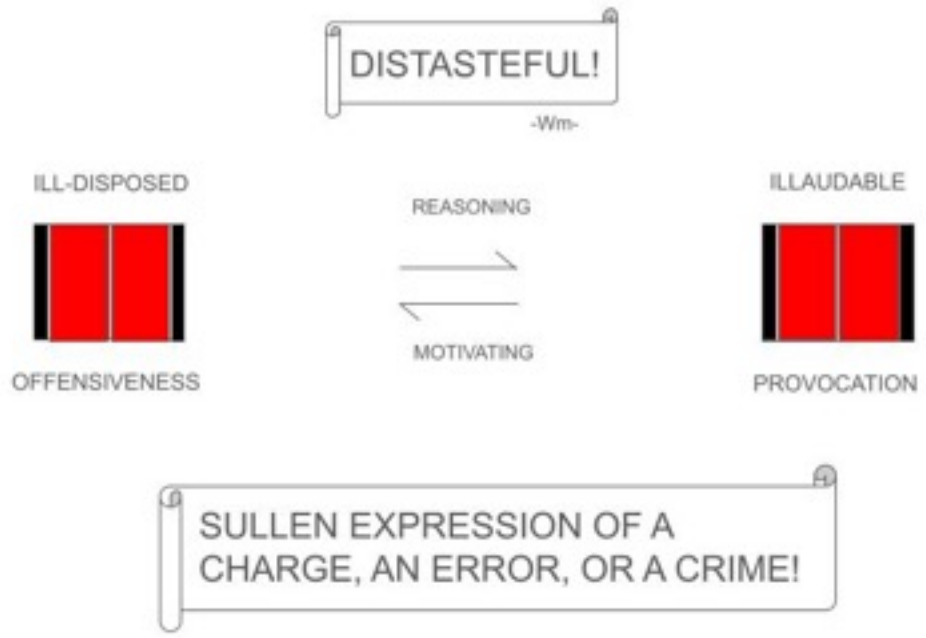
6. Sibby presents to you; ill-disposed upon worldly troubles; a state of ill-will; unworthy of praise provocation **distasteful**: **"Non verbal"…sullen expression!**. Sibby works hard but inflation has caused financial duress living paycheck to paycheck with increasing credit card debt. Sibby is fixed upon worldly troubles and has abandoned a disdaining indignant resentment abstemious mood for **a distasteful sullen expression of an offense**. This is unusual for Sibby who usually observes an **indignant**, upon good will, **cheerfully consenting or ready Passionate, abstemious mood**.

Assessment: Close-mouthed Taciturn spiritual dysfunction Sympathetic Ceremony.

Treatment: Therapist enters into a state of **sympathetic empathy**, as pitiable, engaging **Sibby's** il-laudable provoked **distasteful, sullen disposition** and assists Sibby; bringing about Innocence; **ego disdaining Indignant resentment with Respect to the economy**.

Direct Thrust- Therapist counsels Sibby to reason **forgiving acceptance** with respect to indignity, upon good will, **Passionate**; the offensive economy; **Abstemious**.

Indirect Thrust- Therapist counsels Sibby to motivate **forgiving submission** with respect to indignity, upon good will, **Passionate**; the offensive economy; **Abstemious;** while engaging Sibby's mood in pitiable good fortune, as of expression, counter-traction.



7. Sibby presents to you; ill-disposed upon worldly troubles; a state of unwillingness; reasoning or motivating distress or easily irritated provocation **tasteless**: "**It's the economy's fault"… angry expression!** Sibby works hard but inflation has caused financial duress living paycheck to paycheck with increasing credit card debt. Sibby is fixed upon worldly troubles and has abandoned an indulging impatient blame-full magnanimous mood for **a tasteless angry expression of an offense**. This is unusual for Sibby who usually observes an **impatient**, upon good will, **cheerfully consenting or ready Dispassionate, magnanimous mood**.

Assessment: Open-mouthed Outspoken spiritual dysfunction Sympathetic Sanctimony.

Treatment: Therapist enters into a state of **sympathetic empathy**, as pitiable, engaging **Sibby's** ill-tempered provoked **tasteless, angry disposition** and assists Sibby; bringing about Innocence; **ego indulging Impatient blameful-ness with Respect to the economy**.

Direct Thrust- Therapist counsels Sibby to reason **forgiving acceptance** with respect to impatience, upon good will, **Dispassionate**; the offensive economy; **Magnanimous**.

Indirect Thrust- Therapist counsels Sibby to motivate **forgiving submission** with respect to impatience, upon good will, **Dispassionate**; the offensive economy; **Magnanimous;** while engaging Sibby's mood in pitiable good fortune, as of expression, counter-traction.



SUMMARY:

All the above examples of spiritual dysfunction are a consequence of ill-being wrongdoing in the presence of a failure to reason or motivate ill-being wrongdoing spiritual dysfunction into sympathetic forgiving well-being well-doing spiritual function. Any worldly trouble one experiences no matter how simple or complex can be broken down into one of the above spiritual scenarios by an empathetic counselor who then should assist the individual in finding a forgiving relief with respect to their spiritual dysfunction when necessary.

EPILOGUE:

It is beyond the scope of this writing to explain the details of **Spiritual Remedy** in greater detail. Sincere determined sympathy, as empathy, affectionate concern, as pitiable, toward dissimilar people is required to initiate the process of assessing spiritual personality profiles accurately. One must observe **Understanding Innocent Conscientiousness** with respect to your own feelings in the presence of spiritual drama and carefully observe where the **affectionate concern** for the dissimilar person dwells. When significantly dysfunctional your empathy will inspire you to engage the individual's spiritual restriction with the necessary affectionate concern spontaneously to facilitate a more healthy **Spiritual Function** and you will receive, in return, your own personal spiritual reward, as empathy, a **Love** Well-behaved.

In future writings I should like to describe the 10 spiritual personality profiles individually in greater detail with respect to their relationship to the kingdom of Love and the part therapists / counselors may play to facilitate affectionate concern for the well-being of one another as we continue upon our spiritual journeys upon the bridge joining our physical and spiritual lives.

PRAYER:

May we seek and receive **courageous understanding** to conquer worldly troubles restricting our affectionate concern, **as pitiable**, the well-being with **respect** to dissimilar people.

So Be It !

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1. The Holy Bible containing the Old and New Testaments revised Standard Version. Published in New York, USA by Thomas Nelson and Sons, 1952: 761, 968-970.

2. The Random House College Dictionary Revised Edition. Published in the USA by Random House INC, New York, 1979.

3. ACOFP Board Review Course OPP Practicum. Robert E. Kappler, DO, FAAO, 1994, 1-8.